At-Home Pet Project Packet

Thank You!

Thank you so much for helping the animals at the Kentucky Humane Society (KHS). These items in this packet are used each day in our shelter, and provide much needed comfort and interaction for the animals. Your project contribution directly supports the 6,000+ dogs, cats, and horses KHS cares for each year!

What is Enrichment?

Enrichment refers to the mental and physical stimulation that increases the behavioral wellness of shelter animals. These types of activities alleviate boredom of our animals while they await their forever homes.

Drop-Off Information:

Students that complete any At-Home Pet Projects are asked to schedule a time to drop off their work at the East Campus Adoption Center located at 1000 Lyndon Lane Louisville, KY 40222. A member of our Development Staff would personally like to show you our gratitude by meeting with you to gather the donations, sign off on your school hours, take a picture for our social media pages (optional), and give you a tour of our shelter that includes seeing your lifesaving projects at work!

Please email volunteer@kyhumane.org or development@kyhumane.org to schedule a time to drop off your At-Home Pet Projects. We graciously ask for a week’s notice when scheduling a time to drop off the items. Please remember to bring any school verification paperwork so our team can provide you with a signature. If you are needing a letter for your school hours, please include this information in your email.
Fleece Tied Blankets

(1 46’ x 60’ Blanket = 5 hours
(1 21’ x 15’ Blanket = 4 hours)

Directions:

Step 1: Pick two pieces of fleece for a dog/cat blanket

Step 2: Measure and cut each piece of fleece
  - Adult Dog: 48’ x 60’
  - Cat: 21’ x 15’

Step 3: Lay your fleece on a hard surface/table

Step 4: Use your scissors to cut 3 inches into your fleece, one inch apart, on all four sides of the blanket
  - Note you will automatically create the squared-out corners as you cut
Step 5: Tie each of the cut strips together

Completed Blanket:
Braided Rope Toy
(10 Braided Rope Toys = 2 hours)

Directions:

Step 1: Cut strips of fleece or old t-shirt fabric, measuring approximately 20 inches long and 3 inches wide.

Step 2: Hold all 3 (or 6 for thinner fabric) strips together evenly, tie knot at one end.
Step 3: Begin to braid a basic braid, keeping fabric together as tight as possible to ensure sturdiness of toy.

Step 4: Braid until toy is slightly longer than your desired length, then tie the other end into a knot, trim the ends and your toy is finished!
Option 1 – Treat Pouches (Dogs and Cats)

**Directions:**

**Step 1:** Choose a small paper roll or cut a large paper towel roll in half.

**Step 2:** Tuck in one side of the roll, closing off the end.

**Step 3:** Place treats inside the opposite end.

**Step 4:** Tuck the other side, closing the treat(s) inside the roll and your pouch is finished!
Option 2 – Prickly Toys (Cats Only)

Directions:

Step 1: Choose a small paper roll or cut a large paper towel roll in half.

Step 2: Cut around the edge of the roll about half way to the middle section. Make cuts about every 4cm. If necessary, mark the lines you want to cut.
**Step 3: Fold** back trimmed sections to create a fun and interactive texture.

![Image of folded sections]

Option 3 – Batting Balls (Cats Only)

**Directions:**

**Step 1: Choose** a small paper roll or **cut** a large paper towel roll in half.

![Image of cut paper towel roll]

**Step 2: Cut** the roll into rings.
**Step 3:** **Overlap** the rings to create a ball.

**Step 4:** **Add** treats to the inside of the ball, if desired.
Knotted Cat Toy
(20 Knotted Cat Toys = 2 hours)

Directions:

Step 1: Grab 2-3 old t-shirts or fleece

Step 2: Cut shirt or fleece into strips, approximately 3” x 10”

Step 3: Make a pile of 6 strips, stretch the strips so the fabric rolls onto itself

Step 4: Tie strips into a knot, pull ends tightly.

Step 5: Cut the ends to make them the same length on both sides.
Dog Treats
(2 dozen = 5 hours)

Ingredients:
- 1 cup all-purpose flour
- ¼ cup of wheat germ
- ¼ cup brewer’s yeast
- 1 teaspoon salt
- 1 ½ tablespoon of canola oil
- ½ cup low-sodium canned chicken stock

Note: One recipe makes about 2 dozen biscuits

Directions:

Step 1: Preheat oven to 400 degrees. In a medium bowl, whisk together the flour, wheat germ, yeast, and salt; then set aside.

Step 2: Place canola oil in a large bowl. Add chicken stock and flour mixture in three alternating batches (beginning and ending with the chicken stock) Mix well.

Step 3: On a lightly floured work surface, roll out dough to about 3/8 inch thick. Shape the biscuits using a dog-bone cookie cutter (or whatever shape you desire)

Step 4: Transfer biscuits to a parchment-lined baking sheet, repeat with remaining dough.

Step 5: Bake for 10 minutes, brush biscuit with stock; rotate baking sheets, bake 10 more minutes. Turn off the oven and let sit in oven for 1 ½ hours.

For more information, please visit: https://www.marthastewart.com/264802/homemade-dog-biscuits
Pipe Cleaners
(30 Pipe Cleaners = 2 hours)

**Supplies:**
- Pipe Cleaners
- Straws

**Directions:**

**Step 1:** Select a pipe cleaner

**Step 2:** Twist pipe cleaner into various shapes and sizes.

**Step 3:** Slip pipe cleaner into straws, if desired

**Step 4:** Connect multiple pipe cleaners to form additional shapes and sizes.
**Wisdom List Drive for Animals**

(Every 10 items = 1 hour)

Many of our supporters choose to help our pets by donating much needed items for our shelter or by asking their friends and family to donate in lieu of birthday, wedding, Christmas or Hanukkah gifts. You can also help by hosting a wish list drive with your school, church, or with your family and friends. Below are some examples of what can be collected through a donation drive.

Please visit [https://www.kyhumane.org/wishlist](https://www.kyhumane.org/wishlist) for the completed Wish List.

**Creature Comforts:**
- Blankets, towels, pet beds, comforters
- Bandana fabric or dog bows
- Paper towel and toilet paper rolls

**Cats:**
- Cat toys
- Cat food (dry and canned)
- Cat litter (clay, unscented)
- Cat scratching posts

**Dogs**
- Dog toys
- Dog crates (large plastic and wire)
- Dog food (canned only)

**Cleaning Supplies**
- Bleach
- Laundry detergent
- Disposable gloves
- Paper towels

**Other**
- Plastic bags (from trips to Kroger, Target, etc)
- Zip-close sandwich bags
**PVC Treat Stick**

(5 treat sticks = 5 hours)

*Adult Supervision Required*

**Materials:**
- 1 foot of 2" PVC Pipe, or 8" of 1.5" PVC Pipe
- 2 FIPT fittings (to match the PVC pipe size)
- 2 ABS DWV MIPT Cleanout plugs
- 5/8 inch Drill Bit
- Drill
- File/Sandpaper
- Glue (optional)

**Directions:**

**Step 1:** Drill 5-6 holes in PVC pipe using 5/8 drill bit

**Step 2:** Attach FIPT fittings onto the ends of PVC pipe, glue if necessary

**Step 3:** Remove all burrs by smoothing out with sandpaper

**Step 4:** Screw the cleanout plugs into the FIPT fittings (to prevent treats from falling out of sides)

**Step 5:** Add treats inside (small enough to fall out of holes you made)

For more information, please visit: [http://www.instructables.com/id/How-to-Make-PVC-Pipe-Dog-Enrichment-Toys/](http://www.instructables.com/id/How-to-Make-PVC-Pipe-Dog-Enrichment-Toys/)
Tennis Ball Puzzle Toy

(10 Puzzle Toys Made = 2 hours)

Directions:

Step 1: Cut a hole on one side of tennis ball using scissors or a knife.

Step 2: Fill tennis ball up with treats.
Feline Tissue Box Puzzle Toy
(5 Puzzle Toys = 2 hours)

**Directions:**

**Step 1:** **Cut** the top rectangle off the tissue box

**Step 2:** Start by **gluing** paper rolls inside the tissue box in a triangle formation, continue doing so until the box is full

- **Note:** Should take 14 toilet paper rolls to fill up entire tissue box

**Step 3:** **Ensure** toilet paper rolls are **secured** inside the tissue box. **Put** treats inside, if desired.

For more information, please visit:
[https://www.youtube.com/watch?v=zHduUObQj0w](https://www.youtube.com/watch?v=zHduUObQj0w)